## **Press Release**

## FOR IMMEDIATE RELEASE

With all of the publicity about transgender women, little is being heard from the view point of their cisgender wives.

Athens, Georgia, US, April 5, 2024

Inside My Husband's Closet by Cheryl Thompson details her shock, distress, and eventual acceptance after her husband came out as transgender in 2020. Using her journal from the first year to guide her discussion Thompson relates the story of how her family lifestyle changed after 40 years of marriage. She provides tips to help spouse, family and friends going through a similar experience. Having been an ally to others in the LGBTQ+ community for many years she thought she would understand what lay ahead. "She did not." Her book is meant to fill this gap for others.

Cheryl Thompson, a retired nurse and college of nursing faculty member lives in north-eastern Georgia. She has served on university diversity committees and given presentations on the measurement of diversity. Her memoir, "Inside My Husband's Closet is her second published book.

The book is scheduled to be released on April 16, 2024. You can read more about the book at www.cherylbthompson.com. She can be reached at Cherylbt11@gmail.com. Follow her on LinkedIn and on Facebook. Subscribe to her blog, Cisgender Voices <a href="https://cherylbthompson.com/contact/">https://cherylbthompson.com/contact/</a>, for an ongoing conversation with cisgender wives of trans women.

## Reviews

A beautiful deep dive into a story of humanity that isn't often told. One of the primary challenges for spouses of those who are exploring gender is feelings of isolation, and this book acts as a knowledgeable, experienced friend. Seeing the author's challenges, joy, and growth normalizes the range of feelings and reactions one may experience when going on this journey with a loved one. A valuable and needed resource that I'm grateful to have for my clients.

Amanda Auchenpaugh, LCSW

An outstanding primer for those whose partners recently came out as transgender. A comprehensive review of the many ways in which a partner's change in gender identity can challenge and strengthen a long-term relationship.

Abbe Kruger Cis/Straight Partners Life Coach